

WEEK-AT-A-GLANCE

The latest news and updates from Flat Rock Middle School

The WAAG



LOOKING AHEAD

Sat. 10/28 - MAAS 10-12pm (register here)
Mon. 10/30 - Academic team practice 3:10-4:30pm (602) Chorus District 6 MS Honors @ Nixon Centre
Tue. 10/31 - SCHOOL-WIDE PINK OUT Photo club meeting 3:10- 4:30pm 5:00 pm - 7th Grade Basketball Game vs BMMS @ FRMS
Wed. 11/1 - 3:30-5:30- Musical Rehearsal - Gertrude & Horton
Thu. 11/2 - Academic team practice 7:15am (704) 5:00 pm - 7th Grade Basketball Game vs BMS @ BMS
Fri. 11/3 - Chorus All State Auditions @ SCHS

OCTOBER 28TH 10AM-NOON

Missing Assignment Assistance Saturday

EAGLES

#whereeaglessat

- A 2 hour supervised distraction free environment for your student to complete missing work
- NOT 1 on 1 tutoring
- Student must bring charged Chromebook, supplies needed & know what assignments they have to work on

Register your student now, [click here.](#)

For questions, contact Mrs. Cannington at cannington.brenda@fcboc.org

GA REACH SCHOLARSHIP SIGNING

This week Fayette County REACH Scholarship recipients participated in the acceptance and signing of their \$10,000 scholarships! We are so proud of our three REACH Scholars for 2023, Joanna Saldernia-Cardenas (8A), Edgar Alegria (8A) and Zion Simpson (8C). During their acceptance, the scholars expressed their excitement for being chosen, explained how this scholarship will help their families and shared their individual educational goals for the future. Congratulations Scholars!



SPECIAL OLYMPICS

Last week, the ACCESS classes from Flat Rock Middle School participated in the Special Olympics at Fun Bowl in Fayetteville. Many of our students returned to school victorious with many ribbons! Everyone had a great time representing FRMS



Word of the month

Motivated

Leadership

Trait of the week

Keep Working Even When it is Difficult



STUDENT OF THE WEEK - LUCY KING

Lucy is a true delight and a joy to have in all her teachers' classes. Her smile alone demonstrates her warmth and consideration. While quiet and unassuming, she is a hard-worker with a strong, positive presence in the classroom. The work she turns in is done with impeccable neatness and thoroughness. She never seeks credit for helping other students to understand material presented in class. If she needs clarity, she takes initiative to seek understanding to meet her personal growth. Despite making a transition to a new middle school, she has done so smoothly you would think she has always been a part of the Flat Rock family. She is a true role model demonstrating excellence both academically and interpersonally in our student population. Congratulations Lucy!

NATIONAL CHEMISTRY WEEK

Scholars from Team 8C participated in National Chemistry Week with Research Scientist Tyler Kinner, from Georgia Tech. Scholars investigated various phenomena from extracting iron from fortified cereal to "Metal Memory" from Nitinol metal.



FLOATING CLASSROOM FIELD TRIP WITH 8A

This week 8th grade students traveled to the floating classroom in Lagrange to get some hands-on experience running tests on water while learning all about the challenges we face in ensuring everyone has clean, healthy water. They ran tests on turbidity, pH, and dissolved oxygen - which allowed them to apply their science content to a real world situation as the river keepers consistently run these tests.

7TH GRADE BASKETBALL SEASON BEGINS!

Come out and cheer on your 7th grade Basketball Teams at the first game this year vs BMMS!

Girls - 5:00pm

Boys - 6:00pm

\$2 per student

\$4 per adult

Congratulations to the following FRMS Athletes!

Girls Team: Morgan Brooks, Carisma Muldrow, Ivanah Taylor, JaNaiya Phillips, Za'kayla Rhym, Manaiya Reape, Logan Evans, Khyllie Cole, Kandyce Hopkins, Anaiya Sams, Sariah Green

Boys Team: Sabian Holloway, Ahmad Carter, Jr., Desmond Johnson, Dallas Brooks, Ethan Caruthers, Andrew Brooks, Dylan Johnson, Trey Love, Jeremiah Johnson, Santiago Aguilera Vazquez, Leo Gibson, Draydon Stevens, JaShaun Phillips, Cody Baker

BREAST CANCER AWARENESS MONTH

SCHOOL-WIDE PINK OUT, Tuesday, Oct. 31st!

Prizes will be awarded to Top 3 students who are dressed in **PINK** from head to toe!

Wear **PINK** to the GAME that evening vs BMMS!!

Bows and Bands will be sold at the GAME. (Not in school that day)

RED RIBBON WEEK





Stay connected. Be informed.

CLICK ON THE IMAGES FOR MORE INFORMATION

CLINIC NEWS

We will have our Scoliosis Screening on November 14th for 6th grade and November 15th for 8th grade. Return Form 4400 only if your student has been screened for scoliosis by their healthcare provider OR if you sign the opt out section.

Nurse Rowell sent an email in August containing scoliosis information. [To review that information click here.](#)

November Opportunities

Students Meeting After School for Help

- Tutoring sessions will be held after school until 4:30pm.
- Students must have transportation home, there will be no bus transportation available.
- Students can only sign up for their specific grade level classes.
- Students can attend more than one tutoring session a week.
- Space is limited to 15 students per session.
- Registration is required to attend.
- If you have any questions, email Mrs. Cannington at cannington.brenda@fcboe.org.

Monday	Tuesday	Wed.	Thursday	Friday
Nov. 6	Nov. 7	Nov. 8	Nov. 9	Nov. 10
Personalized learning day	Math 8th grade	ELA 6th grade	Science 8th grade	
	ELA 7th grade		ELA 8th grade	
Nov. 13	Nov. 14	Nov. 15	Nov. 16	Nov. 17
Math 6th grade	Math 8th grade	ELA 6th grade	Science 8th grade	
	ELA 7th grade			
Nov. 20	Nov. 21	Nov. 22	Nov. 23	Nov. 24
No school	Thanksgiving	Break	No school	No school
Nov. 27	Nov. 28	Nov. 29	Nov. 30	Dec. 1
Math 6th grade	Math 8th grade	ELA 6th grade		
	ELA 8th grade			

Sign Up Links:

[ELA](#) [Science](#)
[Math](#)

FRMS FOOD FOREST OCTOBER HARVEST

tomatoes

Lima beans

Jalapeno peppers

watermelon

squash

Bell peppers

EAGLE NATION

Purchase PTO Spirit Wear Here

STEAM Links

STEAM at Home

October: FRMS Food Box

Oct: Scarecrows in the Food Forest Contest & Exhibition

In the Food Forest with Mrs. T: Is a pumpkin a fruit or a vegetable?

For questions, contact Mrs. Thompson at thompson.sarah@fcboe.org

VETERANS DAY

HONORING ALL WHO SERVED

Flat Rock Middle School
invites all Veterans and your families to attend our annual *Veterans Day Assembly.*

Date: Thursday, November 9, 2023
Location: Flat Rock Middle School
325 Jenkins Road, Tyrone, GA
Time: 9:00 - 10:00 a.m.
(arrive between 8:30 - 9:00 to be seated as a group)

Reception to follow

We would like to include you in our slide show. Please submit a photo and your service information to <https://forms.gle/eoQBpiKxkdWJA1f47> on or before October 6, 2023.

If you will be able to join us for the assembly, please respond here: <https://forms.gle/WLkma76Iz9YIYPd6>

PILE ON YOUR FALL FAVES

SCORE FLEECE, JACKETS & MORE

SIDELINE STORE

VOLUNTEERS NEEDED!

CALLING ALL VOLUNTEERS! WE NEED YOUR HELP!

Flat Rock PTO is looking for dedicated individuals to join us in our mission to make a positive impact for our students and teachers.

Contact us today to learn more about our PTO frmvolunteers@gmail.com

[HTTPS://BIT.LY/3RQHNR1](https://bit.ly/3RQHNR1)

Click this flyer to visit our volunteer sign-up page. Service as your (save in your fave)

WE CAN DO THIS! FOOD WITH INTEGRITY! COMMUNITY STARTS WITH US! TASTE! FEEL! GENERAL HELPING HANDS! DAY!

DO GOOD WITH CHIPOTLE

**CHIPOTLE FUNDRAISER FOR
FLAT ROCK MIDDLE SCHOOL PTO**

33% OF EVENT SALES GET DONATED TO THE CAUSE

SATURDAY, NOVEMBER 4TH | 5-9PM
1135 HIGHWAY 85 N STE E, FAYETTEVILLE, GA, 30214


ORDER ONLINE FOR PICKUP USING CODE 7VA9RCH OR SHOW THIS FLYER IN RESTAURANT

CHIPOTLE

For online orders to count towards the fundraiser, they must be placed for pickup only from the restaurant location of, and during the hours of, the fundraiser. Delivery orders and gift cards do not qualify. \$150 minimum event sales required to receive any donation.

Community Events

CLICK ON THE IMAGES FOR MORE INFORMATION




ATLANTA FALCONS
Fayette County Education Foundation Fundraiser
PURCHASE TICKETS HERE

SUNDAY, NOVEMBER 5th at 1:00PM | vs VIKINGS

This Package Includes:

Discount tickets available to staff, family, and friends



A portion of each ticket will benefit Fayette County Education Foundation

For more information please contact:
 Terrell Wilson at 470.341.5308 OR terrell.wilson@Falcons.nfl.com

ESCAPE THE TRAIL
 A HAUNTED TRAIL EVENT BY SANDY CREEK HIGH SCHOOL DRAMA & CROSS COUNTY TEAM

OCT 30 5PM

OCT 30 5PM

MEET IN THE SANDY CREEK COURTYARD

FOOD TRUCKS

FREE ADMISSION TO FOOD, GAMES, MUSIC & FUN

TRUNK-A-TREAT

ENTRY FEE



TRUNK-A-TREAT



TRUNK/CAR REGISTRATION

ADVANCED TICKETS / AT THE DOOR
 HAUNTED TRAIL - \$10/15
 ESCAPE ROOM \$5/\$7



SCAN FOR TICKETS

WANT A FREE THANKSGIVING MEAL?

PINECREST CHURCH WOULD LOVE TO SERVE YOUR FAMILY

SCAN THE QR CODE OR VISIT THE WEBSITE TO REGISTER



PINECREST CHURCH IS LOCATED AT
 103 OLD NORTON ROAD
 FAYETTEVILLE, GA, 30215

WE GATHER EVERY SUNDAY AT 10:30A

GATHER WITH US!



[PINECRESTCHURCH.NET/THANKSGIVING23](https://pinecrestchurch.net/thanksgiving23)

PLEASE REGISTER YOUR FAMILY BY NOVEMBER 15
 FAYETTE CO. MEALS WILL BE DELIVERED
 NOVEMBER 22 BETWEEN 6-7PM



FREE COMMUNITY FOOD GIVE-AWAY



United Way of Greater Atlanta

Join United Way of Greater Atlanta on **Saturday, November 4, 2023** for a **FREE** Community Food Give-Away.

SATURDAY, November 4, 2023

10:00 AM - 12:00 PM (WHILE SUPPLIES LAST)

Fayette County Board of Education
 205 LaFayette Avenue
 Fayetteville, GA 30214

Community Partners





EVENT SPONSORS



Panasonic
 AUTOMOTIVE



For more information, please contact Linda Jones at ljones@unitedwayatlanta.org

UN VISTAZO DE LA SEMANA

Las últimas noticias y actualizaciones de Flat Rock Middle School



PROXIMA SEMANA

Sabado 10/28 - MAAS 10-12pm ([regístrese aquí](#))

Lunes 10/30 - Práctica del Equipo Académico 3:10-4:30pm (602)
Honores del Coro del Distrito 6 MS @ Nixon Centre

Tue. 10/31 - Reunión del Club de Fotografía 3:10- 4:30pm
5:00 pm - Juego de Basketball de 7mo Grado vs BMMS @ FRMS

Wed. 11/1 - 3:30-5:30- Recital Musical - Gertrude & Horton

Thu. 11/2 - Práctica del Equipo Académico 7:15am (704)
5:00 pm - Juego de Basketball de 7mo Grado vs BMS @ BMS

Fri. 11/3 - Audiciones para el Coro Estatal @ SCHS

OCTUBRE 28
DE 10AM A
12PM

Sábados de Ayudas para Tareas Pendientes

- Un espacio de 2 horas, supervisado y libre de distracciones para que su hijo complete las tareas pendientes
- No es una tutoría 1 a 1
- El estudiante debe traer su Chromebook cargado, los útiles necesarios y saber en qué tareas tiene que trabajar.

Registre a su hijo ahora,
haga click aquí

Si tiene preguntas, comuníquese con la Sra. Cannington en cannington.brenda@fcboe.org

FIRMA DE BECAS PARA GA REACH

¡Esta semana los beneficiarios de la beca REACH del condado de Fayette participaron en la aceptación y firma de sus becas de \$10,000! Estamos muy orgullosos de nuestros estudiantes Joanna Saldernia-Cardenas (8A), Edgar Alegria (8A) y Zion Simpson (8C). Durante su aceptación, los académicos expresaron su entusiasmo por haber sido elegidos, explicaron cómo esta beca ayudará a sus familias y compartieron sus objetivos educativos individuales para el futuro. ¡Felicitaciones académicos!



OLIMPIADAS ESPECIALES

La semana pasada, las clases ACCESS de Flat Rock Middle School participaron en las Olimpiadas Especiales en Fun Bowl en Fayetteville. ¡Muchos de nuestros estudiantes regresaron victoriosos a la escuela con muchas medallas! Todos se lo pasaron muy bien representando a la Escuela.



Palabra del mes

Motivación

Liderazgo

Atributo de la semana

Seguir Trabajando Incluso Cuando es Difícil

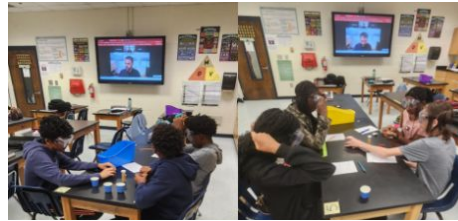


ESTUDIANTE DE LA SEMANA - Lucy King

Esta estudiante es un verdadero deleite y un placer tenerla en todas las clases de sus profesores. Sólo su sonrisa demuestra su calidez y consideración. Si bien es tranquila y sencilla, es una gran trabajadora con una presencia fuerte y positiva en el salón de clases. El trabajo que entrega está realizado con impecable pulcritud y minuciosidad. Nunca busca crédito por ayudar a otros estudiantes a comprender el material presentado en clase. Si necesita claridad, toma la iniciativa de buscar comprensión para afrontar su crecimiento personal. A pesar de hacer la transición a una nueva escuela secundaria, le ha ido tan bien que uno pensaría que siempre ha sido parte de la familia Flat Rock. Ella es un verdadero modelo a seguir que demuestra excelencia tanto académica como interpersonalmente en nuestra población estudiantil.

SEMANA NACIONAL DE LA QUÍMICA

Los estudiantes del Equipo 8C participaron en la Semana Nacional de la Química con el investigador científico Tyler Kinner, de Georgia Tech. Los estudiantes investigaron varios fenómenos, desde la extracción de hierro de cereales enriquecidos hasta la "memoria metálica" del metal Nitinol.



SALIDA DE CAMPO DE AULA FLOTANTE CON 8A

Esta semana, los estudiantes de 8vo grado viajaron al aula flotante en Lagrange para obtener experiencia práctica realizando pruebas en el agua mientras aprendían todo sobre los desafíos que enfrentamos para garantizar que todos tengan agua limpia y saludable. Realizaron pruebas de turbidez, pH y oxígeno disuelto, lo que les permitió aplicar su contenido científico a una situación del mundo real mientras los guardianes del río realizan estas pruebas de manera constante.

¡COMIENZA LA TEMPORADA DE BALONCESTO DE 7º GRADO!

Ven y anima a tus Equipos de Baloncesto de 7mo grado. FRMS vs BMMS
Chicas - 5:00pm Chicos - 6:00pm \$2 por estudiante \$4 por adulto

¡Felicitaciones a los siguientes atletas de FRMS!

Equipo Femenino: Morgan Brooks, Carisma Muldrow, Ivanah Taylor, JaNaiya Phillips, Za'kayla Rhym, Manaiya Reape, Logan Evans, Khyllie Cole, Kandyce Hopkins, Anaiya Sams, Sariah Green

Equipo Masculino: Sabian Holloway, Ahmad Carter, Jr., Desmond Johnson, Dallas Brooks, Ethan Caruthers, Andrew Brooks, Dylan Johnson, Trey Love, Jeremiah Johnson, Santiago Aguilera Vazquez, Leo Gibson, Draydon Stevens, JaShaun Phillips, Cody Baker

MES DE LA CONCIENCIA DEL CÁNCER DE MAMA

Martes 31 de Octubre

DEMOSTRACION ROSA EN TODA LA ESCUELA - y DÍA DEL JUEGO (FRMS 7º grado vs BMMS) Vístete de rosa para el JUEGO!!

Premios otorgados a los 3 mejores estudiantes
Los arcos y bandas se venderán en el JUEGO. (No en la escuela ese día)

RED RIBBON WEEK





Manténgase conectado. Esté informado.

HAGA CLICK EN LAS IMÁGENES PARA MÁS INFORMACIÓN

NOTICIAS DE LA ENFERMERÍA

Tendremos nuestra Evaluación de Escoliosis el 14 de Noviembre para 6° grado y el 15 de Noviembre para 8° grado. Devuelva el Formulario 4400 solo si su proveedor de atención médica ha examinado a su hijo/a para detectar escoliosis O si usted firma la sección de exclusión voluntaria.

La enfermera Rowell envió un correo electrónico en Agosto con información sobre la escoliosis.

[Para revisar esa información haga click aquí.](#)

SMASH Tutoring Schedule

Oportunidades para Noviembre

Lunes	Martes	Miercoles	Jueves	Viernes
Nov. 6	Nov. 7	Nov. 8	Nov. 9	Nov. 10
Personalized learning day	8vo Grado Matemática	6to Grado Ingles	8vo grado ciencias	
	7mo Grado Ingles		8vo Grado Ingles	
Nov. 13	Nov. 14	Nov. 15	Nov. 16	Nov. 17
6to Grado Matemática	8vo Grado Matemática	6to Grado Ingles	8vo grado ciencias	
	7mo Grado Ingles			
Nov. 20	Nov. 21	Nov. 22	Nov. 23	Nov. 24
No School	Thanksgiving	Break	No School	No School
Nov. 27	Nov. 28	Nov. 29	Nov. 30	Dec. 1
6to Grado Matemática	8vo Grado Matemática	6to Grado Ingles		
	8vo Grado Ingles			

- Las sesiones de tutoría se llevarán a cabo después de la escuela hasta las 4:30 p.m.
- Los estudiantes deben tener transporte a casa, no habrá transporte en autobús escolar disponible.
- Los estudiantes solo pueden inscribirse en las clases específicas de su nivel de grado.
- Los estudiantes pueden asistir a más de una sesión de tutoría por semana.
- El espacio está limitado a 15 estudiantes por sesión.
- Es necesario registrarse para asistir.
- Si tiene alguna pregunta, envíe un correo electrónico a la Sra. Cannington a cannington.brenda@fcboe.org.

Haga click en la clase a continuación para registrarse.
[Ingles](#)
[Ciencias](#)
[Matemáticas](#)

SCARECROWS IN THE FOOD FOREST!

FRMS FOOD FOREST OCTOBER HARVEST

tomatoes

Lima beans

Jalapeno peppers

watermelon

squash

Bell peppers

Enlaces de STEAM

STEAM en Casa

Octubre: Caja de Alimentos de FRMS

Oct: Concurso y Exposición de Espantapájaros en La Granja de Alimentos

En la Granja de Alimentos con la Sra. T. ¿Es la calabaza una fruta o una verdura?

Si tiene preguntas, comuníquese con la Sra. Thompson en thompson.sarah@fcboe.org

VETERANS DAY

HONORING ALL WHO SERVED

Flat Rock Middle School invites all Veterans and your families to attend our annual *Veterans Day Assembly*.

Date: Thursday, November 9, 2023
 Location: Flat Rock Middle School
 325 Jenkins Road, Tyrone, GA
 Time: 9:00 - 10:00 a.m.
 (arrive between 8:30 - 9:00 to be seated as a group)
Reception to follow

We would like to include you in our slide show. Please submit a photo and your service information to <https://forms.gle/eoQBpiKxKdWJA1f47> on or before October 6, 2023.

If you will be able to join us for the assembly, please respond here: <https://forms.gle/WLkma76Iz9YIYPdpc>

VOLUNTEERS NEEDED!

CALLING ALL VOLUNTEERS! WE NEED YOUR HELP!

Flat Rock PTO is looking for dedicated individuals to join us in our mission to make a positive impact for our students and teachers!

Contact us today to learn more about our PTO frmvolunteers@gmail.com
<https://bit.ly/3QCHNK>

Click this flyer to visit our volunteer sign-up page. *Simple & easy! (save in your fave!)*

PILE ON YOUR FALL FAVES

SCORE FLEECE, JACKETS & MORE

SIDE LINE STORE

WE CAN DO THIS!!! FOOD WITH INTEGRITY! COMMUNITY STARTS HERE! 33% TASTE! FOL-WRAP! GEN! HELP! MAMA! FRESH! VEG! VEG! VEG! DAY! FOOD! HELP! HELP! HELP!

HAZ EL BIEN CON CHIPOTLE

RECAUDACIÓN DE FONDOS PARA **FLAT ROCK MIDDLE SCHOOL PTO**

33% DE LAS VENTAS DEL EVENTO SERÁN DONADAS A LA CAUSA

SÁBADO, NOVIEMBRE 4º | 5-9PM
 1135 HIGHWAY 85 N STE E, FAYETTEVILLE, GA, 30214


ORDENA EN LÍNEA PARA RECOGER USANDO EL CÓDIGO 7VA9RCH O MUESTRA ESTE VOLANTE EN EL RESTAURANTE

CHIPOTLE

Para que las órdenes en línea se tengan en cuenta para el evento de recaudación de fondos, deberán ser del mismo lugar que el evento y realizarse durante las horas del mismo. Las órdenes con servicio de entrega y las realizadas con una tarjeta de regalo no cuentan para el evento. Se requiere un mínimo de \$50 dólares de ventas para recibir cualquier donación.

Eventos de la Comunidad

HAGA CLICK EN LAS IMÁGENES PARA MAS INFORMACIÓN




ATLANTA FALCONS
Fayette County Education Foundation Fundraiser
PURCHASE TICKETS HERE

SUNDAY, NOVEMBER 5th at 1:00PM | vs VIKINGS

This Package Includes:

Discount tickets available to staff, family, and friends



A portion of each ticket will benefit Fayette County Education Foundation

For more information please contact:
 Terrell Wilson at 470.341.5308 OR terrell.wilson@Falcons.nfl.com

ESCAPE THE TRAIL
 A HAUNTED TRAIL EVENT BY SANDY CREEK HIGH SCHOOL DRAMA & CROSS COUNTY TEAM

OCT 30 5PM

MEET IN THE SANDY CREEK COURTYARD

FREE ADMISSION TO FOOD, GAMES, MUSIC & FUN

FOOD TRUCKS

TRUNK-A-TREAT

ENTRY FEE



TRUNK-A-TREAT



TRUNK/CAR REGISTRATION

ADVANCED TICKETS / AT THE DOOR
 HAUNTED TRAIL - \$10/15
 ESCAPE ROOM \$5/\$7



SCAN FOR TICKETS

WANT A FREE THANKSGIVING MEAL?

PINECREST CHURCH WOULD LOVE TO SERVE YOUR FAMILY

SCAN THE QR CODE OR VISIT THE WEBSITE TO REGISTER



PINECREST CHURCH IS LOCATED AT
 103 OLD NORTON ROAD
 FAYETTEVILLE, GA, 30215

WE GATHER EVERY SUNDAY AT 10:30A

GATHER WITH US!



PINECRESTCHURCH.NET/THANKSGIVING23

PLEASE REGISTER YOUR FAMILY BY NOVEMBER 15
 FAYETTE CO. MEALS WILL BE DELIVERED
 NOVEMBER 22 BETWEEN 6-7PM



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SATURDAY, November 4, 2023

10:00 AM - 12:00 PM (WHILE SUPPLIES LAST)

Fayette County Board of Education
 205 LaFayette Avenue
 Fayetteville, GA 30214

Community Partners





When Excellence and Creativity Merge

EVENT SPONSORS



Panasonic
 AUTOMOTIVE



For more information, please contact Linda Jones at ljones@unitedwayatlanta.org